

High Lodge Adult Duathlon Series

Event 8 - 19/04/2026

Final Position	Last Name	First Name	Run 1 + T1	Bike + T2	Run 2	Finish Time
13	Barns	Chris	11:38.1	20:10.2	12:32.6	44:20.9
10	Dodd	Tom	10:39.2	18:39.1	11:26.2	40:44.5
6	Flynn	Matt	10:43.8	17:06.0	10:38.4	38:28.2
9	Harman	Kate	11:22.1	17:26.8	11:05.0	39:53.9
3	Hosmanek	Paul	09:13.9	15:16.8	10:12.9	34:43.6
8	Hosmanek	Joseph	10:31.9	18:38.3	10:32.2	39:42.4
16	Knode	Isabel	12:45.6	25:10.7	12:03.2	49:59.5
17	Logan	Hannah	13:50.4	21:26.6	14:44.6	50:01.6
18	Logan	Matt	13:48.4	21:34.6	14:40.0	50:03.0
21	Loveday	Christine	15:34.9	25:06.8	14:34.6	55:16.3
7	Lucas	James	10:34.6	17:07.3	11:03.5	38:45.4
11	Marshall	Trevor	11:59.5	17:51.7	12:15.1	42:06.3
22	Mclean	Ken	16:34.2	33:00.5	16:52.6	06:27.3
23	Mclean	Sue	16:35.2	33:02.0	16:51.5	06:28.7
2	Middleton	Thomas	09:31.7	15:08.7	09:52.9	34:33.3
5	Murfitt	Caroline	11:09.4	15:42.9	11:21.4	38:13.7
12	Patmore	Ian	11:03.5	21:38.3	11:07.9	43:49.7
20	Pilbrow	Joanne	15:00.3	23:58.1	15:01.3	53:59.7
1	Ponder	Daniel	09:07.8	15:46.8	08:46.2	33:40.8
19	Southgate	Peter	14:40.0	22:27.4	14:36.1	51:43.5
4	Ward	Matthew	11:04.7	16:22.9	10:17.7	37:45.3
14	Weaver Smith	David	12:03.5	20:44.9	11:51.6	44:40.0
15	Wreford	Nicky	12:20.9	25:10.5	11:59.7	49:31.1