



Adult Duathlon Series Race 3/8 High Lodge – 9th November 2025 Race Results

Position	Last Name	First Name	Run1 + T1	Bike + T2	Run2	Finish Time
18	Anspach	Quinn	11:49.4	20:52.4	11:08.4	43:50.2
20	Barns	Chris	11:59.0	20:17.8	11:36.1	43:52.9
5	Bell Tye	Kieran	09:43.5	14:46.8	11:06.6	35:36.9
3	Bell- Tye	Toby	08:42.6	15:51.9	09:15.2	33:49.7
15	Bell-Tye	Paul	11:12.2	18:09.8	13:02.2	42:24.2
13	Bootman	Fergus	10:44.4	19:19.7	10:15.5	40:19.6
24	Davies	Steve	11:39.8	22:25.6	11:41.3	45:46.7
DNF	Durnell	Katie	12:57.8	27:17.5	-	-
8	Eldridge	Benn	10:53.5	18:03.9	10:30.6	39:28.0
7	Emmett	Lynn	10:38.0	17:53.4	09:55.9	38:27.3
16	Harrington	Tom	12:08.7	19:18.9	12:20.2	43:47.8
2	Hosmanek	Paul	09:05.9	15:00.3	09:16.5	33:22.7
10	Hosmanek	Joseph	10:31.0	19:13.0	10:06.2	39:50.2
11	Hosmanek	Suzie	11:10.8	17:58.5	11:00.1	40:09.4
12	Humphrey	Alastair	11:42.1	16:17.1	12:15.8	40:15.0
9	Marshall	Trevor	11:46.6	16:10.1	11:42.6	39:39.3
4	Middleton	Thomas	10:06.3	14:42.2	10:30.1	35:18.6
19	Patmore	Ian			11:13.1	43:51.3
21	Pitchford	Carla	11:50.1	20:32.5	11:46.3	44:08.9
22	Pugh	Warwick	13:13.8	19:39.3	11:17.6	44:10.7
23	Pugh	Clarissa	12:00.7	21:50.6	11:40.6	45:31.9
26	Shaw	Roland	16:20.9	23:19.2	14:52.9	54:33.0
1	Simcock	Greg	08:12.7	14:57.1	08:14.3	31:24.1
25	Southgate	Peter	14:59.8	21:48.1	13:56.4	50:44.3
6	Vellacott	Andy	09:37.1	16:26.6	10:03.4	36:07.1
27	Westad	Jacob	13:07.8	28:04.1	14:04.5	55:16.4
14	Whitby	Tyland	10:50.2	19:27.0	10:56.8	41:14.0
17	Whited	Aaron	11:48.2	20:51.7	11:09.1	43:49.0