



Adult Duathlon Series Race 3/5 High Lodge – 15th December 2024 Race Results



Last Name	First Name	Run1 + T1	Bike + T2	Run 2	Finish Time	Position
Barns	Chris	11:55.8	20:32.8	12:43.5	45:12.1	5
Bell Tye	Kieran	10:35.3	17:28.7	13:58.9	42:02.9	4
Bell-Tye	Paul	17:09.1	23:58.4	18:48.9	59:56.4	9
Collier	Garth	08:59.1	16:13.3	09:28.0	34:40.4	1
Cook	Tarquin	11:03.9	18:14.9	11:19.8	40:38.6	2
Marshall	Trevor	12:24.9	16:42.4	12:20.4	41:27.7	3
Matthews	Joe	13:51.2	19:59.3	13:41.0	47:31.5	7
Norman	Greg	14:00.8	20:35.1	14:28.8	49:04.7	8
Patmore	Ian	11:08.6	23:06.1	11:09.2	45:23.9	6