



GO TRI Duathlon Series Race 7

High Lodge – 16th April 2023

Race Results



Last Name	First Name	Run 1 + T1	Bike + T2	Run 2	Total Time	Final Position
Baldwin	Alex	11:19.6	21:19.4	12:16.7	44:55.7	16
Barns	Chris	10:34.0	19:46.0	11:04.1	41:24.1	14
Beck	Danny	07:59.2	16:07.9	08:02.9	32:10.0	1
Beck	Chris	08:42.9	16:54.1	09:33.9	35:10.9	4
Brook	Samuel	09:15.5	16:14.1	10:49.0	36:18.6	6
Cook	Tarquin	09:46.8	17:16.0	10:08.0	37:10.8	8
Copland	Dave	09:14.4	14:45.0	08:57.7	32:57.1	2
Dawson	Matt	09:49.9	18:15.1	09:49.9	37:54.9	10
Duncombe	Robert	10:29.5	18:43.1	10:38.4	39:51.0	13
Gittins	Dai	10:31.9	17:56.9	10:30.3	38:59.1	12
Green	Philip	09:34.3	17:32.8	09:16.6	36:23.7	7
Hope	Jonathan	09:56.0	17:26.3	10:00.6	37:22.9	9
Keeble	James	10:44.5	19:57.8	10:58.0	41:40.3	15
Mead	Hayley	11:56.0	22:04.7	12:12.7	46:13.4	19
Middleton	Thomas	09:34.6	14:51.5	10:13.6	34:39.7	3
Norman	Greg	12:47.3	20:06.6	12:59.5	45:53.4	17
Robinson	Scott	11:38.3	21:57.7	12:29.1	46:05.1	18
Vellacott	Andy	10:19.7	17:10.0	10:45.0	38:14.7	11
White	Graham	09:40.5	16:46.8	09:49.9	36:17.2	5