



# GO TRI Duathlon Series Race 4

## High Lodge – 8<sup>th</sup> January 2023

### Race Results

Last Name	First Name	Run 1 + T1	Bike + T2	Run 2	Finish Time	Final Position
Abbott	Lee	10:38.3	18:01.6	10:24.0	39:03.9	9
Barns	Chris	10:28.4	20:00.6	11:01.6	41:30.6	18
Beetlestone	Kieren	12:03.0	19:13.8	11:26.3	42:44.0	21
Bell	Jackie	15:04.5	26:09.1	13:41.7	54:55.3	38
Chapman	Lloyd	10:47.9	15:32.4	10:49.0	37:09.3	7
Colman	Chris	10:36.2	18:47.2	10:46.4	40:09.8	13
Cook	Tarquin	09:56.5	18:11.2	10:12.0	38:19.7	8
Deal	Laura	13:23.5	19:46.9	13:13.5	46:23.9	23
Douglass	Jenny	13:39.6	22:03.2	13:10.2	48:53.0	28
Downing	Jim	09:07.9	15:32.2	08:55.0	33:35.1	1
Duncombe	Robert	11:31.1	18:50.7	10:28.0	41:01.2	15
Ferman	Jay	09:29.8	17:44.8	09:29.2	36:43.8	4
Gittins	Dai	10:53.3	18:02.1	10:43.4	39:38.8	11
Hamilton	Simon	12:57.2	21:09.3	13:43.3	47:49.8	25
Hannant	Andrew	10:33.2	18:44.1	10:30.6	39:47.9	12
Hart	Felix	16:04.8	27:20.2	15:01.0	58:26.0	39
Head	Kathryn	11:15.4	20:11.3	11:26.6	42:53.3	22
Hornigold	James	14:04.3	21:18.0	13:44.3	49:06.6	29
Howard	Karle	11:50.3	17:45.0	11:10.0	40:45.3	14
Hoyle	Stephanie	13:24.2	22:36.3	13:16.0	49:16.5	30
Ironside	Will	12:58.6	21:08.9	13:43.0	47:50.5	26
Johnston	Lucy	16:11.6	26:12.3	15:41.4	58:05.3	38
Kirk	Tommy	09:07.3	18:37.5	09:07.6	36:52.4	5
Laffin	Sarah	13:30.3	23:31.1	13:22.1	50:23.5	32
Laffin	Andy	13:31.7	23:28.8	13:23.9	50:24.4	33
Lewis	Jon	10:16.3	16:31.0	20:44.0	47:31.3	24
Manders	Nicola	13:25.7	25:26.9	14:05.5	52:58.1	34
Marlow	Josh	11:13.3	18:21.4	12:13.9	41:48.6	19
Matthews	Joe	11:42.0	18:39.1	10:46.6	41:07.7	16
McAlindon	Charlotte	13:48.1	21:56.0	14:31.3	50:15.4	31
Norman	Greg	14:01.9	20:29.6	13:42.7	48:14.2	27
Norris	Elliott	09:51.8	16:33.0	10:03.0	36:27.8	2
Peters	Kevin	13:55.7	25:21.1	14:07.6	53:24.4	36
Peters	Craig	12:53.4	25:46.6	15:12.3	53:52.3	37
Peters	Marion	16:03.4	30:07.0	15:42.2	1:01:53	40
Waddington	William	09:50.4	19:45.8	09:54.8	39:31.0	10
Watson	Greg	13:40.7	25:20.3	14:21.7	53:22.7	35
Wetherill	Dil	09:49.8	17:07.0	09:32.6	36:29.4	3
White	Graham	10:04.0	17:04.7	09:54.3	37:03.0	6
White	Ian	10:28.9	19:13.4	11:46.6	41:28.9	17
Wicklen	Andy	10:53.6	21:05.1	10:26.3	42:25.0	20