



Go Tri Winter Duathlon Series

Event 1 – 11th October 2020

High Lodge, Thetford Forest

Afternoon Race Results



Last Name	First Name	Run 1 + T1	Bike + T2	Run 2	Finish Time	Final Position
Bensley	Marion	12:04.3	21:50.0	12:34.5	46:28.8	9
Buckeridge	Tina	12:05.5	23:12.9	12:17.8	47:36.2	12
Carmouche	Kirsten	13:57.6	22:57.8	13:21.3	50:16.7	15
Coles	Abigail	14:01.6	19:59.0	16:10.1	50:10.7	14
Cook	Tarquin	10:55.5	19:18.7	11:04.5	41:18.7	5
Cordner	David	10:47.2	18:40.6	11:01.7	40:29.5	3
Court	Richard	12:42.3	23:36.6	12:07.9	48:26.8	13
Hamment	Hannah	12:00.8	21:06.8	12:40.7	45:48.3	7
James	Rhianna	14:06.3	23:43.6	13:55.0	51:44.9	16
Jarvis	Kieran	12:04.5	15:08.3	12:42.9	39:55.7	2
Lingwood	Samantha	14:53.9	26:34.9	16:17.0	57:45.8	18
Marris	Jenny	13:41.5	26:12.0	14:16.8	54:10.3	17
Moore	Joshua	09:47.7	17:28.0	10:15.2	37:30.9	1
Price	Dex	12:27.5	20:57.2	12:39.9	46:04.6	8
Robinson	Neil	12:08.3	23:21.1	11:32.1	47:01.5	11
Rood	Alex	11:07.9	21:44.4	11:48.2	44:40.5	6
Turner	Kyle	12:48.8	21:07.0	13:01.6	46:57.4	10
Walker	Liam	11:03.4	17:58.6	11:34.7	40:36.7	4
Wilson	Lynsey	14:23.4	16:25.5	14:22.9	*00:45:12*	19

No. 164 Lynsey Wilson completed one lap of the bike course due to a puncture.